### August 2018

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| **5** The readings for today remind us that God is always asking us to change for the best. Can you think of a good habit you learned this summer?  
Readings: EX 16:2-4, 12-15  
PS 78:3-4, 23-24, 25, 54  
EPH 4:17, 20-24  
JN 6:24-35 | **6** The Transfiguration of the Lord  
“The Lord is King; let the earth rejoice.”  
Ps. 97:1 | **7** Reflection  
“O you of little faith, why did you doubt?” Mt. 14:31  
We all have doubts. But God does not abandon us. Instead just like when Peter doubted and was sinking, as Jesus did, He extends His hand to help us. | **8** Saint Dominic  
believed in living very simply. Before heading back to school clean out and donate some things you no longer use in your closet. | **9** Help in your home.  
Volunteer to wash the dishes or clear off the table.  
Donate/Sacrifice to your Mitebox. | **10** Saint Lawrence a martyr of the early church, is the Patron saint of the poor. Pray to him asking him to intercede for all those children living in poverty. | **11** Saint Clare is the patron saint of television! This day in age we are overwhelmed with so many TV shows. Pray to her to make good decisions when watching TV. |
| **12** The prophet Elijah relied on God to help him on a long and difficult journey. You too can rely on God to help you.  
Readings: 1 KGS 19:4-8  
PS 34:2-3, 4-5, 6-7, 8-9  
EPH 4:30—5:2  
JN 6:41-51 | **13** As you start off the new school year, say a prayer of thanksgiving for this new journey you are about to start. | **14** Reflection  
Saint Maximilian Kolbe is the patron saint of families. Pray to him asking him to care for you and your family. | **15** The Assumption of the Blessed Virgin Mary  
Pray a Hail Mary to our blessed mother. | **16** Clean your room and gather any loose change. Put it in your MCA mitebox.  
Donate/Sacrifice to your Mitebox. | **17** Look to see if there are any new students in your school/grade. Make them feel welcome and introduce yourself to them. | **18** Ask your family to have a game night. Play a board game or an outdoor game. |
| **19** The readings for today remind us that when we are lost and confused, with God we find the wisdom to find our way and the answers to guide us.  
Readings: PRV 9:1-6  
PS 34:2-3, 4-5, 6-7  
EPH 5:15-20  
JN 6:51-58 | **20** Saint Bernard was a man that lived a very pious life. Pray to him asking for his help to be humble and kind to all. | **21** Reflection  
Saint Pius X encouraged all, especially children, to receive communion. Prepare yourself to receive communion the next time you go to mass. | **22** The Queenship of the Blessed Virgin Mary  
Pray the World Mission Rosary. | **23** Help in your home. Offer to take out the trash or help sweep the kitchen.  
Donate/Sacrifice to your Mitebox. | **24** Saint Bartholomew was one of the twelve disciples. Pray to him to help you be the best missionary disciple you can be. | **25** Ask your family to have a night of prayer. Pray the World Mission Rosary as a family. |
| **26** Sunday’s readings remind us to live in love, inviting us to see others with love and treat others with love. Think of one way to show love for your family.  
Readings: JOS 24:1-2, 15-17, 18 B  
PS 34:2-3, 16-17, 18-19, 20-21  
EPH 5:21-32 OR 5:2A, 25-32  
JN 6:60-69 | **27** Saint Monica would always pray for her son to be closer to God. Pray to her to intercede for all those people looking to be closer to God. | **28** Reflection  
Saint Augustine’s faith journey of constantly seeking God, showing love of neighbor, and constant pursuit of truth, inspired the charisma of the Augustinian Friar community. | **29** The Passion of Saint John the Baptist told people to prepare for the coming of Jesus Christ. Pray to him asking for his help in telling others of Christ with the same enthusiasm. | **30** Skip watching TV today. Dedicate this time to read Sunday’s readings as a family.  
Donate/Sacrifice to your Mitebox. | **31** Be kind to someone you see that is not having a good day. Ask if they need help or simply share a smile with them. | |