The Rosary and You

The World Mission Rosary! Let’s take some time to explore it further. Some might say that the rosary is boring but this is far from the truth! Let’s gain a new perspective.

“The Rosary of the Virgin Mary… is simple yet profound, it still remains, at the dawn of this third millennium, a prayer of great significance, destined to bring forth a harvest of holiness. It blends easily into the spiritual journey of the Christian life, which, after two thousand years, has lost none of the freshness of its beginnings and feels drawn by the Spirit of God to “set out into the deep” … in order once more to proclaim, and even cry out, before the world that Jesus Christ is Lord and Savior, “the way, and the truth and the life.” (Jn 14:6) "Through the Rosary the faithful receive abundant grace, as though from the very hands of the Mother of the Redeemer.”

- Rosarium Virginis Mariae. Pope John Paul II

Praying the rosary helps us to grow in holiness and guides us in our spiritual life. How? Because when we reflect on the mysteries of the rosary, we go through and contemplate Christ’s life. We build a deeper relationship with God and because of that deeper relationship, we know where God is guiding us in our lives. We become more missionary because the more we grow in relationship with Christ, the less afraid we are to talk to others about him.

Imagine this: You visit a close friend of yours at their home. You are so close with your friend’s family that you feel like you’re a part of it. Upon arriving, you walk up to the front door and are greeted by your friend’s mother, who gives you a hug and invites you in. Once inside, you learn your friend needs a couple more minutes to get ready, so you take the opportunity to sit and chat with your friend’s mom. As you catch up with her, you share with her your plans for an upcoming trip and how much you would like your friend to join you. Your friend loves their mom and does pretty much anything she asks, so you ask her to speak to your friend on your behalf. As she agrees, you know with certainty that your friend will be joining you on your trip. Your friend is finally ready and you both head out the door, and as you leave, you give your friend’s mom a hug.

The point of the story? When we ask Mary for help, especially with getting closer to Jesus, she will help us. Mary is Jesus’ mom. Mary is also our mother because Jesus gave her to us as adopted sons and daughters when he was on the cross. “When Jesus saw his mother and the disciple whom he loved standing nearby, he said to his mother, “Woman, behold, your son! Then he said to the disciple, “Behold, your mother!” John 19:26-27

Jesus has given us His mother as our own! We can talk to Mary just like we speak to our own mothers here on earth. We can ask her for help and prayers because she leads us to her son by taking our prayers, purifying them and making them as a perfect gift to our Lord. Jesus will always accept the prayers and gifts from his mother. He loves her so much that he will not refuse her. Mary knows and loves her son so much that she will never ask him anything that is contrary to his will. She also knows and loves us and just wants us to grow in a deeper relationship with her son. The rosary helps us speak to our Blessed Mother!

As we recite the World Mission Rosary remember that,
“To recite the Rosary is nothing other than to contemplate with Mary the face of Christ.”
-Rosarium Virginis Mariae. Pope John Paul II